

Time is brain

It's always a race against the clock when a patient has an ischemic (caused by a blood clot) stroke. There's a narrow window of just four-and-a-half hours in which a patient can be given tPA, the clot-busting drug that may save their life and prevent more severe brain damage. So when a tiny four-year-old girl was brought into Overlake's Sato Emergency Department with stroke symptoms, the whole team sprang into action.



"It is commonly said for stroke treatment that 'time is brain,' meaning rapid stroke care prevents or limits brain injury."

— Dr. Eric Shipley, Medical Director of the Emergency Department

After several imaging tests confirmed the stroke diagnosis, the tPA was ordered. Overlake pharmacists consulted with a pediatric specialist to ensure the correct dosage for such a small patient. Charge nurse Bill Clarke, RN, literally ran to the pharmacy to pick up the medication and ran back, delivering the critical dose to the patient with just one minute left in the window. The quick thinking and decisive actions of the team likely saved the child's life.

"It is commonly said for stroke treatment that 'time is brain,' meaning rapid stroke care prevents or limits brain injury," says Dr. Eric Shipley, Medical Director of the Emergency Department. "Outcomes for stroke are dramatically improved with rapid and accurate evaluation and treatment. Teamwork is critical and this patient's care demonstrated remarkable teamwork and agility."

Overlake **PAYS IT FORWARD**

At the height of the pandemic here on the Eastside, our community leapt into action, providing PPE and other needed items to ensure that Overlake caregivers could care for the sick while remaining safe. Although the pandemic is not over, we have made tremendous progress. Unfortunately, **some regions of the world, such as India, are still battling a massive wave of infections and struggling with equipment shortages.**

Recently, Overlake had the opportunity to pay our community's generosity forward by helping others in need.

Overlake Medical Center and Indian American Community Services, known as IACS, partnered together to make a large donation of COVID-19 supplies to India. Those supplies include oxygenators, PPE and oxygen concentrators. In all, Overlake and IACS were able to send 40 pallets of supplies, each weighing 350-500 pounds. An additional 56 pallets of supplies are en route.

"We at Overlake launched a grassroots movement," says Overlake board member Uma Raghavan, who played an instrumental role in coordinating the effort by Overlake in partnership with IAWW (India Association of Western Washington). **"Several other local Seattle hospitals, organizations and companies along with many citizen volunteers participated in donating, transporting and shipping the supplies to India. I am so proud of our humanitarian work combating this global pandemic."**

The COVID-19 situation in India is still dire, and the country is still in desperate need of supplies to help care for tens of thousands of people.



Overlake board member Uma Raghavan (top) and Indian Association of Western Washington volunteer Indu Aravindan Nair assist with the shipment. Inset: Forty pallets of supplies have been received in India, with more on the way.

OVERLAKE MEDICAL CENTER
BANDAGE BALL
 PRESENTED BY **KeyBank**

Thank you!

Our incredible, generous community raised **\$900,000** to support world-class care for our community.

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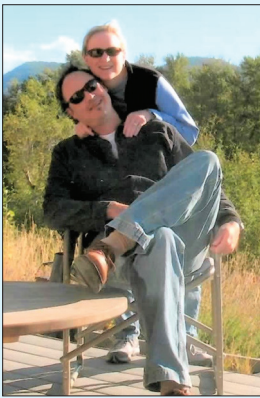
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“HE DESERVED THE TOP FLOOR”



Florence and Chris used their gift to honor a late Overlake physician.

Florence Cordell and her husband, Chris Armour, had been thinking about making a gift in honor of **Dr. Martin Herman** for a long time. When they learned that the 5th floor of the new East Tower was available for naming, they jumped at the chance. “He deserved the top floor,” says Florence.

Florence worked closely with Dr. Herman for 17 years before his death in 2015, and both she and Chris thought he was special.

“It was a privilege to work with Marty,” she recalls.

“He was an incredibly skilled surgeon who treated all of his patients with warmth and compassion.”

“He was a great doctor, and also a friend,” says Chris. An avid fly fisherman, Dr. Herman was well-known in the community. **“He had the ability to connect with people,” Chris adds.**

Florence and Chris made an incredibly generous \$1 million gift to Overlake, which seemed like the perfect way to commemorate a beloved Overlake physician. “I hope the money will help Overlake continue helping people receive the care they need,” says Florence. “That’s what Marty was about.”

Are you interested in opportunities to name a space at Overlake in honor or memory of someone? Please contact Alex Schisel at 425.688.5534 or alex.schisel@overlakehospital.org.

CROWDFUNDING TO GROW A GIFT

When Overlake volunteer **PATRICIA DROBOT** passed away in April, her four children wanted to honor her memory and help others, as Patricia would have wanted. They established a GoFundMe page to raise money for Overlake’s cardiac services, with a goal of \$25,000.

“Mom would’ve loved it,” Nick explains. “She spent so much time volunteering—helping patients to their cars, delivering flowers, whatever was needed—and when she developed a heart condition, she received excellent care at Overlake for over 17 years.”

The family wants to benefit Project FutureCare, the ongoing campus renewal project, especially since heart patients receive care in the new East Tower, completed in February, 2021. Donors who give \$10,000 or more will be listed



Patricia (center) with Greg, Nick, Jennifer and Mike

on the permanent donor wall when the project is finished. The GoFundMe has raised nearly \$12,000 so far, guaranteeing Patricia’s name will be there.

Opportunities to name spaces in the new building begin at \$25,000, and the family is hoping to reach that level. “Mostly, we want Overlake to have the resources to care for people with chronic heart conditions. It’s a way of giving back.”

Our grateful thanks to the whole Drobot family.

CORPORATE SHOUT OUT



KeyBank does it again

Due to the pandemic, the 2021 Bandage Ball was different in nearly every way. One thing that didn’t change was the support of KeyBank, once again stepping up to be our Presenting Sponsor. KeyBank believes being part of a community means working to make it better. Their steadfast support makes that commitment crystal clear. **THANK YOU!**

“Alexa, say ‘thank you’ to Amazon”

During this very challenging time, a generous gift for Overlake’s



staff is just what the doctor ordered. Our friends at Amazon delivered 2,000 Echo devices for our hardworking heroes to enjoy. There were big smiles all around. **THANK YOU!**

OVERLAKE MEDICAL CENTER FOUNDATION

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NEW BEHAVIORAL HEALTH UNIT



WISH LIST

Overlake's Behavioral Health Unit is moving to a newly remodeled space in the fall. You can view our Amazon wish list and select gifts to replace worn items and provide a suite of **books, games, art supplies and other materials to facilitate healing and hope.**

- 1 Visit smile.amazon.com/charitylists
- 2 Search for **Overlake Medical Center Foundation**
- 3 Click the link to go to our **Behavioral Health Unit Wish List**. Items you purchase from the list will be shipped directly to us.
- 4 When you make a purchase, please put a message that includes your name in the gift message box on the check-out screen. Your message will tell us who to thank for the gift!

IMPORTANT: Please make your gift with a monetary donation OR a purchase from the Amazon wish list ONLY. Due to quality and infection control requirements, no direct donations of new or used equipment or other items can be accepted.